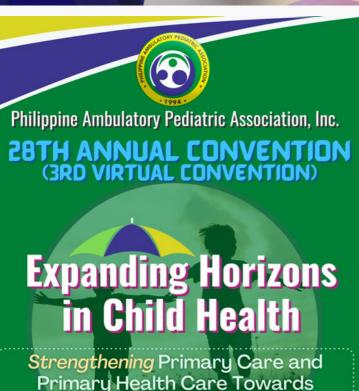
PHILIPPINE AMBULATORY PEDIATRIC ASSOCIATION, INC



# NEWSLETTER

**ANNOUNCEMENT** 



Primary Health Care Towards Realization of Universal Health Care

March 1-2, 2023

via Zoom **CPD Units Applied** 

FREE REGISTRATION!





**EDITORIAL: Looking Back... Moving Forward** 

**Advocacy Committee Activities** 

**ON THIS ISSUE:** 

28th Annual PAPA Convention

**PAPA Chapter Activities** 

Perspectives in Primary Care: #4Ps: Possibilities &

Practicalities in Pediatric Practice

Wall of Fame

## Philippine Ambulatory Pediatric Association, Inc. **Expanding Horizons in Child Health**28th Annual Convention (3rd Virtual Convention)

**Strengthening** Primary Care and Primary Health Care Towards **Realization of Universal Health Care** 

## DAY1 March 1, 2023

	,
2:00-3:30 PM	Virtual Commercial Exhibit
3:30-3:40 PM	National Anthem/PMA Hymn/PAPA Hymn Invocation
3:40-3:50 PM	Welcome Remarks and Program Overview
3:50-4:20 PM	The Pediatrician's Role in Primary Health Care Speaker: Maria Rosario S. VERGEIRE, MD, MPH, CESO II OIC, Department of Health
4:20-4:50 PM	Educational Grant
4:50-5:20 PM	Lecture 1: Going Beyond Primary Care, Achieving Universal Health Care Through Interprofessional Education and Collaboration Speaker: Dr. Michael P. Sy
5:20-5:50 PM	Lecture 2: Current Practices and Future Directions of the Newborn Screening Program in the Philippines  Speaker: Dr. Michelle E. Abadingo
5:50-6:20 PM	Lecture 3: Revisiting Developmental Screening in Primary Care Speaker: Dr. Lourdes Bernadette S. Tanchanco Moderator: Dr. Maria Christel M. Mendoza
6:20-6:40 PM	LIVE Q&A Moderator: Dr. Nathalie Anne R. Hernaez
7:00-8:30 PM	Fellowship and Induction of New Members

## Philippine Ambulatory Pediatric Association, Inc. **Expanding Horizons in Child Health**28th Annual Convention (3rd Virtual Convention)

**Strengthening** Primary Care and Primary Health Care Towards **Realization of Universal Health Care** 

## DAY 2 March 2, 2023

Virtual Commercial Exhibit	
INTRODUCTION to Day 2 Dr. Angelica Cecilia V. Tomas	
<b>Lecture 1:</b> Vaping Among Adolescents Speaker: Dr. Rizalina H. Gonzalez	
Educational Grant	
<b>Lecture 2 :</b> Approaches to Parenting Models: Empowering Parents Speaker: Dr. Karina Therese G. Fernandez	
PANEL DISCUSSION: Child Abuse and Protection —Multidisciplinary Approach in Providing Medical, Psychological And Social Services	
Dr. Riza C. Lorenzana - CPU Specialist Dr. Liah Ann G. Cruz - Adolescent Medicine Specialist Ms. Annaliza R. Macababbad - Social Worker, CPU Mr. Jason M. Barlaan - Psychologist, CPU	
Moderator: Dr. Elaine Marie O. Reyes-Madamba	
Lecture 3: Innovations in Health Promotions in Primary Care Speaker: Dr. Anna Guia O. Limpoco	
LIVE Q&A Moderator: Dr. Michael G. Te	
Awarding of Certificates	
Closing Remarks	
Business Meeting	

## ORGANIZING COMMITTEE OF THE 28TH PAPA ANNUAL CONVENTION MARCH 1 AND 2, 2023

OVERALL CHAIR: JASMIN A. CASTILLO, MD CO-CHAIR: SARAH CHRISTINE D. MENDOZA, MD TREASURER: ANGELICA CECILIA V. TOMAS, MD

#### SCIENTIFIC

Chair: Soraya A. Alvarado, MD

Co-chair: Marianne Joy Naria-Maritana, MD Members: Elaine Marie O. Reyes-Madamba, MD

Nehemiah Bangalan, MD Angel Belle C. Dy, MD

## WAYS & MEANS

Chair: Vivina C. Chiu, MD
Co-chair: Liza V. Santos, MD
Members: Cynthia B. Gomez MD
Marionito L. Estanislao, MD
Wenslyn SM Salvador, MD

#### **PUBLICITY, INVITATION & REGISTRATION**

Chair: Melissa Joyce P. Ramboanga, MD

Co-chair: Renee Joy P. Neri, MD
Members: Kristine Arranz, MD
Liezl T. Malabanan, MD
Jay Enrico S. Ignacio, Jr., MD

## AWARDS

Chair : Marjorie Grace M. Apigo, MD Co-chair: Norlyn S. Rosadia, MD Member: Phoebe Neriza T. Lucero, MD

#### **PHYSICAL ARRANGEMENT & IT**

Chair: Benjamin M. Cabrera, MD Co-chair: Sherry Coo Tiu Laurel, MD

### DOCUMENTATION

Chair: Margarita Luisa A. Alfonso, MD Co-chair: Elly Rose Araneta-Sanchez, MD Member: Cristal Ann Laquindanum-Tan, MD

## SOCIALS/FELLOWSHIP

Chair: Mary Joan L. Millonado, MD Co-chair: Olga G. Formoso, MD

## **ANNOUNCEMENT**

# Watch out for the 6th edition of the Bahaghari booklet

(adapted from the Bright Futures of the American Academy of Pediatrics)



A pocket reference of pediatric health supervision guidelines for clinicians, pediatric residents, academicians, medical students, nurses, midwives, community health workers and even parents!

Published by the Philippine Ambulatory Pediatric Association, Inc.

Reserve

your copy now!

## Contact:

*Gay* +639173231460 *Myrah* +639173091771

or

Email: papainc1994@gmail.com

## **EDITORIAL**

## **LOOKING BACK... MOVING FORWARD**

by Margarita Luisa Agapinan-Alfonso, MD



Writing this editorial is like a diary of my own journey with PAPA. The maiden issue of the newsletter came out in 2019, several months after PAPA celebrated its 25th Anniversary with the tagline "5 in 25" highlighting 5 successful advocacies in 25 years. This was followed by 4 more issues which aimed to inform and update members of what committee members were busy about and other upcoming activities they could participate in. So much had happened since then and all these were chronicled in the past issues. The accomplishments of PAPA during the leadership of Dr. Wenslyn Salvador, who by the way prodded me to initiate the newsletter, were well documented in these publications; and now, with the dynamic Dr. Edna Sarah Morada, the current president, ending her 2-year term soon, I shall summarize some notable achievements during her leadership.

Despite the government's health restrictions imposed during the past 3 years, the officers and members' passion and dedication kept them on their toes. Rather than consider this as a threat that may thwart organizational plans, PAPA took this as an opportunity to reach a wider audience through digital means. Two successful annual conventions were held online and another one coming this March. Several webinars aimed to create awareness of who we are and what we do as an organization were initiated by each advocacy committee.

Moreover, to enhance learning among our members and non-members alike, these well-attended pediatric webinars, spearheaded by the indefatigable committee chairs and chapter presidents, also emphasized ways of improving child health and gave updates on management of child's diseases, the details of which will be seen in the succeeding pages of this issue.

A total of 16 local and 16 international notable and accomplished physicians in their fields, were inducted to the organization in the past 2 years. The establishment of a collaborative partnership with our fellow pediatricians based in the US through the International Affiliate Committee has come into fruition last year which led to the birth of the mental health advocacy group. This group is preparing a project that will help improve the mental health status of children. As their year ender, a fun-filled, eye-opening trip to Bataan to meet the grade-school parents, grade-school teachers and the principal of North Samal Elementary

School provided the group an opportunity to connect with people from the grassroots, the target of the Mental Health project. Notwithstanding the busyness of the season, it was a breather for those who joined this field trip, a way to connect and catch up after 2 years seeing each other via zoom.

The Strategic Planning Workshop held early last year strengthened our resolve to pursue our vision and mission despite the challenges of the pandemic.



PAPA visits North Samal Elementary in Bataan





Video of PAPA Hymn

The well attended 27th Annual convention entitled Perspectives in Primary Care stressed the various possibilities and practicalities in pediatric practice that will arm pediatricians navigate through this difficult and uncertain times. The long-awaited PAPA Hymn composed by the very talented pediatrician and PAPA board member Dr. Marionito Estanislao, and video recorded with PAPA members and officers was played and shown during this event.

Committee members and interested PAPA members who wished to renew their interest in research and refine their skills underwent a 3- day workshop last November which hopefully could produce a research output for each team. Each committee was well represented with hardworking and enthusiastic team members.

Amidst all the work, we found time to meet, have a few laughs and simply enjoy each other's company during the hybrid Christmas party held in Richmonde Hotel QC in December of last year.

Heralding the new year was a team-building activity of incumbent PAPA officers and Board of Trustees, former PAPA presidents with no less than the founding president Dr. Mutya San Agustin in attendance on January 4. . She challenged each and every one to continue what we have started and consequently inspire others with our work. The event was facilitated by our president, Dr. Diding Morada.

Looking back on what we have done, though tiring, everyone is set to do more as we move forward to another year of helping, inspiring and doing more for the betterment of child health



## **CHRONICLES OF PAPA**



## Annual Convention - May 2022

PHILIPPINE AMBULATORY PEDIATRIC ASSOCIATION 27TH ANNUAL CONVENTION & 2ND VIRTUAL CONVENTION **PERSPECTIVES IN PRIMARY CARE** 

ll ll ll l	#4Ps:	Possibilities IN PEDIATRIC	& PRACTICALITIES PRACTICE
	TIME	D	AY 1 PROGRAM
	2:00 - 3:30PM	VIRTU	AL COMMERCIAL EXHIBIT
	3:30 - 3:50PM	EDUCATIONAL	GRANT LECTURE (NATRAPHARM)
	4:00 - 4:10PM	NATIONAL ANTHEM/	PMA HYMN/ PAPA HYMN/ INVOCATION
			/ELCOME REMARKS a Sarah C. Morada, MD President
			bulatory Pediatric Association, Inc.
	4:10 - 4:20PM		ROGRAM OVERVIEW ionito L. Estanislao, MD Overall Chair
		Sarah (	Christine D. Mendoza, MD ir, Scientific Committee
	4:20 - 4:40PM		KEYNOTE SIONS OF PRIMARY CARE Beverly Lorraine C. Ho, MD
	4:40 - 5:00PM		LECTURE 1 M: MEDICAL EDUCATION IN PRIMARY CARE T: Mutya T. San Agustin, MD
	5:00 - 5:20PM		LECTURE 2 TO BOLSTERING PRIMARY PEDIATRIC CARE Ruby L. Punongbayan-Tan, MD
			LECTURE 3 IMARY CARE THROUGH RESEARCH : Benjamin P. Sablan Jr., MD
	5:40 - 6:00PM		Live Q and A
		UNI	PANEL DISCUSSION VERSAL HEALTH CARE: RY CARE DOCTOR MUST UNDERSTAND
		PANELISTS	Francia M. Laxamana, MD Department of Health
	6:00 - 7:00PM		Oscar D. Tinio MD Philipine Medical Association
			Israel Francis A. Pargas, MD Philhealth
			Anthony Geronimo H. Cordero, MD Academe
1		MODERATOR	Ma. Cecilia D. Alinea, MD
	7:00 - 7:20PM FINANCIAL LITERACY TOWARD		T SYMPOSIUM (PEDIATRICA) RACY TOWARDS HAPPINESS GOALS TO Daniela Laurel PhD, MBA & INDUCTION OF NEW MEMBERS
TO	7:30 - 8:30PM	FELLOWSHIP 8	k INDUCTION OF NEW MEMBERS

Day 1 Topics

VIRTUAL PROGRAM DAY 1 | MAY 16, 2022 MARJORIE GRACE M. APIGO, MD Moderator

PHILIPPINE AMBULATORY PEDIATRIC ASSOCIATION 27TH ANNUAL CONVENTION & 2ND VIRTUAL CONVENTION

#### **PERSPECTIVES IN PRIMARY CARE** #4Ps: Possibilities & Practicalities IN PEDIATRIC PRACTICE

	III I EDITITIO I ILITOTICE
TIME	DAY 2 PROGRAM
2:00 - 2:55PM	VIRTUAL COMMERCIAL EXHIBIT
2:55 - 3:25PM	EDUCATIONAL GRANT LECTURE (PFIZER) VACCINATION FOR PUBLIC HEALTH: A SHARED RESPONSIBILITY Speaker: Fatima Gimenez, MD
3:30 - 3:50PM	LECTURE 1 THE GROWING SILENCE: THE PANDEMIC OF CHILD ABUSE Speaker: Bernadette J. Madrid, MD

3:50 - 4:10PM LECTURE 3
COVIBESITY: EASY TO DIAGNOSE BUT HARD TO TREAT
Speaker: Antonette Abigail A. Natino, MD 4:10 - 4:30PM

4:40 - 5:10PM MICROBIOTA REMODELING & FUNCTIONAL MEDICINE

5:30 - 5:50PM

5:50 - 6:10PM 6:10 - 6:20PM Live Q and A

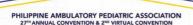
**EDUCATIONAL GRANT LECTURE (MSD)** CLOSING REMARKS Margarita Luisa A. Alfonso, MD Vice President pine Ambulatory Pediatric Association, Inc.

**BUSINESS MEETING (PAPA MEMBERS)** VIRTUAL PROGRAM DAY 1 MAY 16, 2022
CHELLAINE T. TOLENTINO, MD / RAYMUND S. BAQUIRA
Moderators

Day 2 Topics

5:10 - 5:30PM

## 27th Annual Convention Speakers May 16-17, 2022



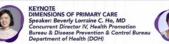
**PERSPECTIVES IN PRIMARY CARE** #4Ps: Possibilities & Practicalities in Pediatric Practice

MAY 16-17, 2022



Marjorie Grace M. Apigo, MD Day 1 Moderator Medical Specialist III, Philippine's Chil Medical Center



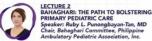








elist #2: Oscar D. Tinio MD rman, Commission on Legi pine Medical Association



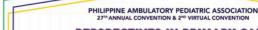






**MEET THE SPEAKERS** VIRTUAL PROGRAM DAY 1 | MAY 16, 2022





**PERSPECTIVES IN PRIMARY CARE** #4Ps: Possibilities & Practicalities in Pediatric Practice

MAY 16-17, 2022



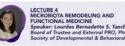
















#### ORGANIZING COMMITTEE OF THE 27TH PAPA ANNUAL CONVENTION MAY 16-17, 2022

OVERALL CHAIR: DR. MARIONITO L. ESTANISLAO CO-CHAIR: DR. JASMIN A. CASTILLO SECRETARY: DR. MITCHELLAINE P. TOLENTINO TREASURER: DR. ANGELICA CECILIA V. TOMAS

#### SCIENTIFIC

Chair: Dr. Sarah Christine D. Mendoza Adviser: Dr. Ma. Cecilia D. Alinea

Members: Dr. Marianne Joy Naria-Maritana Dr. Divina Francia De Guzman

#### **AWARDS**

Chair: Dr. Norlyn S. Rosadia Member: Dr. Sherry Coo

## WAYS & MEANS

Co-chair: Dr. Elaine Marie O. Reyes-Madamba Members: Dr. Pauline Marie Camposano-Marquez

#### **PHYSICAL ARRANGEMENT & IT**

Chair: Benjamin M. Cabrera, MD Co-chair: Dr. Rosauro M. Gonzales

**DOCUMENTATION & SOUVENIR PROGRAM** 

Chair: Margarita Luisa A. Alfonso, MD

Co-chair: Dr. Josephine G. Aldaba

Member: Dr. Michael G. Te

## **PUBLICITY & INVITATION**

Chair: Dr. Rhina Valencia De Veyra Co-chair: Dr. Aldwin B. Castro

Members: Dr. Cristal Ann Laquindanum-Tan

SOCIALS/FELLOWSHIP Chair: Dr. Mary Joan L. Millonado Co-chair: Dr. Olga G. Formoso Member: Dr. Marthony P. Basco

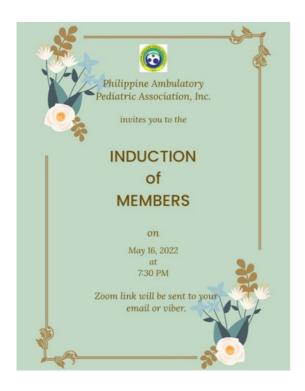
#### REGISTRATION

Chair: Dr. Jay Enrico Ignacio, Jr.

Members: Dr. Melissa Joyce P. Ramboanga Dr. Peter Markus SM De Jesus



## **Induction of New Members, 2022**



#### **PLEDGE OF COMMITMENT**

As a member of the Philippine Ambulatory Pediatric Association, Inc., I pledge:

- 1.To work hard for the good of the association and my chapter and the vision-mission it stands for.
- 2. To represent this organization in a positive and supportive manner at all times and in all places.
- 3. To support the Board of Trustees and be a voice in notifying other members on issues even though I may be in the minority position on such an action.
- 4. To actively involve myself in my chosen advocacy/committee to the best of my ability.
- 5. To make my attendance at all required meetings, assemblies, and activities of the association a high priority.
- 6. To pay my annual dues diligently.

SO HELP ME GOD.



Inductees with Dr. Mutya San Agustin as the Inducting Officer



## Induction of the International Affiliate Members



Committee on International Affiliates

invites you to the

## Inducti<mark>on of Members</mark>

on

May 17, 2022 9:30 AM Manila Time

May 16, 2022 9:30 PM EDT May 16, 2022 8:30 PM CDT May 16, 2022 7:30 PM MDT

May 16, 2022 6:30 PM PDT

Zoom link will be sent to your email
RSVP @

Viber: Dr. Alfonso: +639178236017 Viber: Dr. Tamesis: +1303-6015399 Email: papainc1994@gmail.com

## **PROGRAM**

Invocation Dr. Raymund S. Baquiran
Co-chair, International Affiliates
Committee – Philippine

Chapter

Welcome remarks Dr. Edna Sarah C. Morada

PAPA President

Inspirational Message

Introduction of the

Members 1

Induction of Members

**Closing Remarks** 

Dr. Mutya San T. Agustin PAPA Founding President

Dr. Margarita Luisa Alfonso Chair, International Affiliates Committee – Philippine

Chapter

Dr. Mutya San Agustin

Dr. Grace P. Tamesis Chair, International Affiliates Committee - US Chapter







International Affiliate members with former PAPA Presidents, current PAPA officers and Board of Trustees in attendance.

## **REACH OUT AND READ Committee**

REACH OUT AND READ WEBINAR, "THE ROLE OF REACH OUT AND READ IN THE HOME, SCHOOL AND THE COMMUNITY"

Sep 30, 2022, at 8:00 -10:00 PM

#### **ATTENDANCE**

Zoom attendees: 198 Answered post-eval/ post-test 117 (59%)

#### **CPD UNITS:**

PMA: 1.0 PPS: 1.0 PAFP: 1.5 Cat II

#### **OBJECTIVES:**

- 1. Understand the benefits of early literacy through
- 2. Understand the practices of health care providers pertaining to promotion of reading as part of anticipatory guidance.
- 3. Apply various ways of reading to children.
- 4. Create various strategies of implementing Reach out and Read Program in the outpatient clinics, hospital and community.
- 5. Analyze the challenges of the Reach out and Read Program in the different settings. 6. Evaluate various health and developmental problems encountered during ROR sessions and manage accordingly.



## **Inspirational Talk:**

Mrs. Emelina B. Soriano Almario

## **Guest Speakers:**

Dr. Robert Needlman Dr. Perri Klass



## **REACH OUT AND READ Committee**

REACH OUT AND READ WEBINAR, "THE ROLE OF REACH OUT AND READ IN THE HOME, SCHOOL AND THE COMMUNITY"

Sep 30, 2022, at 8:00 -10:00 PM



ROR Webinar Q&A with Drs. Robert Needlman ( upper left) and Perri Klass (lower photo). Moderator is Dr. Ma. Cecilia Alinea (upper right photo)



Mrs. Emelina Almario, President of Adarna Group Foundation, Inc., delivering her inspirational talk.



Dr. Mutya San Agustin, Founding President of PAPA introducing the speakers



Dr. Robert Needlman in his clinic explaining the value of reading aloud and demonstrating to the mother how to read to her child



Strength-based strategies for parents

· Your child will love books because your child loves you





#### SPEAKER:

Dr. Robert Needlman

Co-Founder, Reach out and Read Program Topic: "ROR at 33: Challenges and Opportunities"

- Professor of Pediatrics at Case Western Reserve University School of Medicine.
- Director, MetroHealth Fellowship in Developmental and Behavioral Pediatrics



## **REACH OUT AND READ Committee**

REACH OUT AND READ WEBINAR, "THE ROLE OF REACH OUT AND READ IN THE HOME, SCHOOL AND THE COMMUNITY"

Sep 30, 2022, at 8:00 -10:00 PM



Dr. Perri Klass, National Medical Director at Reach Out and Read USA

Gallery of the ROR Webinar Attendees

#### **REACTOR:**

Dr. Perri Klass

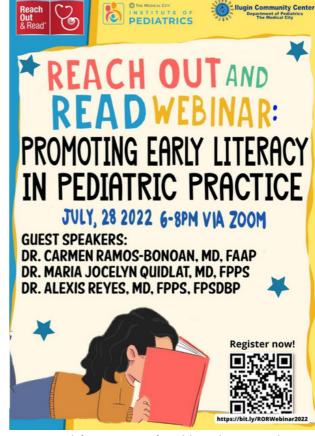
- Co-Director, New York University, Florence
- National Medical Director at Reach Out and Read USA
- Professor of Journalism and Pediatrics at New York University

## **Early Literacy Committee: Reach Out and Read Philippines**

Chair: Dr. Carmen Ramos-Bonoan Co-Chair: Dr. Ma. Jocelyn N. Quidlat

#### **Members**

- Dr. Marjorie Grace M. Apigo
- Dr. Margarita Luisa A. Alfonso
- Dr. Wenslyn SM Salvador
- Dr. Julie Martha Jose
- Dr. Maricris Castro
- Dr. Rhina Valencia-De Veyra
- Dr. Elaine Marie Madamba
- Dr. Rosalia M. Buzon
- Dr. Jaia Reveldez
- Dr. Ana Pato-Sandoval
- Dr. Jeisela B. Gaerlan
- Dr. Angelica Cecilia V. Tomas
- Dr. Rowena Ong
- Dr. Amalia Bulaon
- Dr. Peter Markus SM De Jesus



ROR Webinar organized by The Reach out and Read Committee, Community Pediatrics Unit of the Institute of Pediatrics, The Medical City.



## COMMUNITY-BASED TB CONTROL Committee

WEBINAR ON "COMMUNITY-BASED TB PROGRAM: A LOOK IN THE PAST AND BEYOND"

August 19,2022 6:00 PM - 8:00 PM

#### **ATTENDANCE**

Attendees: 190 Post-test/Feedback responses: 176 (92%)

#### **CPD UNITS:**

PMA: 1.0 PPS: 1.0

### **OBJECTIVES:**

- 1.To present the history and impact of PAPA TB community
- 2. To strengthen the community screening for Tuberculosis.



## **MODERATOR**

Benjamin P. Sablan, Jr. **PAPA Past President** 

## **SPEAKERS:**

Dr. Nathalie Bernabe Quion Dr. Benjamin M. Cabrera Dr. Agnes Rico-Mendoza



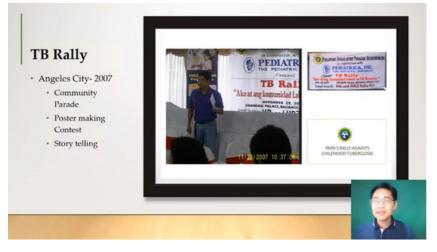
## COMMUNITY-BASED TB CONTROL Committee

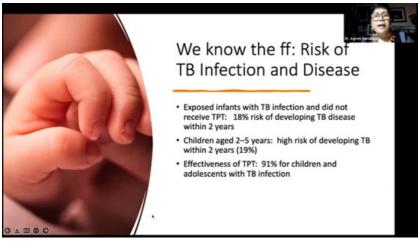
WEBINAR ON "COMMUNITY-BASED TB PROGRAM: A LOOK IN THE PAST AND BEYOND"

August 19,2022 6:00 PM - 8:00 PM



Speakers of the Webinar: (counterclockwise) Drs. Benjamin Sablan, Agnes Mendoza, Ann Mary Tolentino, Benjamin Cabrera, Nathalie Quion. (Lower photo) Dr. Cabrera shares details of the TB program in Angeles, Pampanga





**VIDEO PRESENTATIONS:** Dr. Ann Mary U. Tolentino "Community-based TB Control Program in Mabalacat City"

- \* Rural Health Physician, City Health Office of Mabalacat, Pampanga
- \* Mabalacat City Tuberculosis **Program Medical Coordinator**

Dr. Felipe Cuyugan "Challenges in the Aeta Community"

\* Municipal Health Officer, Floridablanca, Pampanga

Dr. Rosanna Barlin Galeria "Community-based TB Control Program in Matnog, Sorsogon"

Municipal Health Officer -Matnog, Sorsogon

Mr. Deogracias B. Ramos, Jr. "Testimony on a Communitybased TB Control Program in Children"

Former Mayor and Congressman - 2nd District of Sorsogon

Lecture of Dr. Agnes Mendoza

### Community-based Tuberculosis Control in Children Committee

Chair: Dr. Maria Ana R. Hassan

Members: Dr. Rhina Valencia De Veyra

Dr. Aldwin Castro Dr. Farah Guinto



## BAHAGHARI COMMITTEE

WEBINAR ON "BAHAGHARI: SPECTRUM OF ANTICIPATORY GUIDANCE DURING THE PANDEMIC"

February 25, 2022, 6:00 - 8:00 PM

## **ATTENDANCE**

Attendees: 500 Post-test/feedback responses: 317 (63%)

#### **CPD UNITS:**

PMA: 1.0 PPS: 1.0

#### **OBJECTIVES:**

- 1. To revisit guidelines of anticipatory guidance in order to enhance pediatric health supervision.
- 2. To recommend practice considerations of anticipatory guidance during the pandemic.



#### **PROGRAM**

House rules

Invocation

National Anthem

Introduction of the moderator

Introduction of the webinar Dr. Ruby L. Punongbayan-Tan Greetings and reminders Dr. Ruby L. Punongbayan-Tan Welcome remarks Dr. Edna Sarah C. Morada Mr. Jojo P. Lee - Pediatrica Welcome message Dr. Amelia R. Fernandez Opening remarks

Introduction

of the speaker & reactor Dr. Ruby L. Punongbayan-Tan Dr. Maria Lourdes M. Mendoza Lecture

Speaker

Reaction to the lecture Dr. Vivina C. Chiu

Reactor

Q& A Dr. Ruby L. Punongbayan-Tan

Closing remarks Dr. Rosalia M. Buzon

Reminders to participants Dr. Ruby L. Punongbayan-Tan

### **MODERATOR:**

Dr. Ruby L. Punongbayan-Tan

#### SPEAKER:

Dr. Maria Lourdes M. Mendoza

## **REACTOR:**

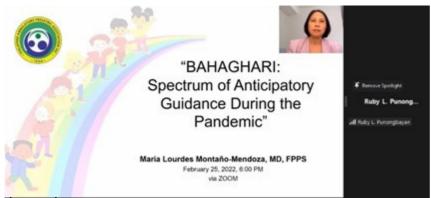
Dr. Vivina C. Chiu



## BAHAGHARI COMMITTEE

WEBINAR ON "BAHAGHARI: SPECTRUM OF ANTICIPATORY GUIDANCE DURING THE PANDEMIC"

February 25, 2022, 6:00 - 8:00 PM



(Above) Dr. Ma. Lourdes Mendoza's Lecture; Lower photo: Q & A portion moderated by Dr. Ruby Punongbayan-Tan with Dr. Vivina Chiu as the reactor and guest speaker, Dr. Ma. Lourdes Mendoza (counterclockwise)



## Health Supervision Guidelines for Infants, Children and Adolescents BAHAGHARI Committee Members

Chair: Dr. Ruby L. Punongbayan-Tan

## Members:

Dr. Amelia Fernandez

Dr. Carmen Ramos-Bonoan

Dr. Ma. Lourdes Mendoza

Dr. Elaine Corpuz

Dr. Rosalia Buzon

Dr. Jindra Tetangco

Dr. Elaine Marie Madamba

Dr. Benjamin P. Sablan, Jr.

Dr. Angelica Cecilia V. Tomas

Dr. Josephine Aldaba

Dr. Ma. Jocelyn Quidlat

Dr. Dr. Eileen Cuajunco

Dr. Margarita Luisa A. Alfonso

Dr. Renee Joy P. Neri

#### **SPEAKERS:**

## Dr. Maria Lourdes M. Mendoza

"BAHAGHARI: Spectrum of Anticipatory Guidance During the Pandemic"

\*Part-time faculty in Department of Pediatrics in Xavier University School of Medicine

\*Part-time consultant, Department of Pediatrics, Northern Mindanao Medical Center

\*Lactation consultant and Ambulatory Pediatrician in Madonna and Child Hospital, Cagayan de Oro City \*Child protection specialist, Women and Children Protection Unit-Northern Mindanao Medical Center

#### **REACTOR:**

#### Dr. Viving C. Chiu

\*President, Philippine **Ambulatory Pediatric** Association, Inc. (PAPA), Cebu Chapter

\*Professor, Department of Pediatrics, Gullas College of Medicine, University of Visayas \*National Coordinator to the Western Pacific Region of Medical Women's International Association





## **CHILD INJURY PREVENTION Committee**

WEBINAR, "CHILD INJURY IN THE TIME OF COVID-19"

November 11, 2022, 8:00 - 9:30 PM

#### **ATTENDANCE**

Attendees: 160 Post-test/feedback response: 62 (39%)

#### **CPD UNITS:**

PMA: 1.0 PRC: 1.0 PAFP: 1.25 Cat II

#### **OBJECTIVES:**

- 1.To increase awareness of physicians and allied health professionals on injury prevention in children.
- 2. To provide new research-based information on child injury events during the COVID-19 pandemic.
- 3. To encourage participants to plan advocacy programs on child injury prevention in their communities.





## MODERATOR:

Dr. Soidemer Claire C. Grecia

## **SPEAKERS:**

Ms. Catalina Zamora Dr. Karen M. Sheehan Dr. Megan Marie Attridge Ms. Amy Hill



## CHILD INJURY PREVENTION Committee

WEBINAR, "CHILD INJURY IN THE TIME OF COVID-19"

November 11, 2022, 8:00 - 9:30 PM

#### Outline



- Introduction to the Injury Free Coalition for Kids & Chicago (Karen Sheehan)
- · Child Injury during the COVID Epidemic: a Multi-Site Study (Megan Attridge)
- · Pivoting Injury Prevention Efforts during the COVID Pandemic -Safe Kids Chicago and Safe Kids Illinois (Amy Hill)
- -Child Passenger Safety (Catalina Zamora)

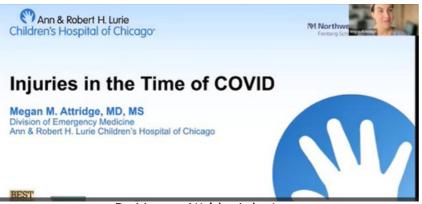
Dr. Karen Sheehan's lecture

#### **SPEAKERS:**

#### Dr. Karen M. Sheehan

"Introduction And Overview of Injury Free Coalition for Kids"

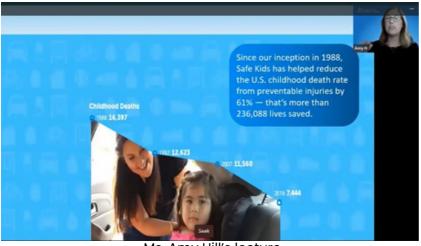
Medical Director, Integrated Care for Kids All Hand's Health Network and the Patrick M. Magoon Institute for Healthy Communities, Chicago



Dr. Megan Marie Attridge "Covid Injury Research Study"

Attending Physician and Chief Outreach Fellow, Pediatric Emergency Medicine, Ann & Robert H. Lurie Children's Hospital of Chicago

#### Dr. Megan Attridge's lecture



Ms. Amy Hill's lecture

## Ms. Amy Hill

"Switch To Virtual Education For Safe Sleep And Home Injury Prevention"

SafeKids Director



## **CHILD INJURY PREVENTION Committee**

WEBINAR, "CHILD INJURY IN THE TIME OF COVID-19"

November 11, 2022, 8:00 - 9:30 PM



## **INJURIES AMONG 0-19 YEARS**

January to December 2020

Dr. Ma. Eva Jopson discusses the injuries of children ages 0-19 years old in the Philippines



Q&A portion (counterclockwise):Dr. Soidemer Grecia, moderator, and speakers Drs. Sheehan and Attridge, Ms Catalina Zamora and Ms Amy Hill



PAPA Injury Prevention team members Drs. Sodeimer Grecia, Ma. Eva Jopson and Marjorie Apigo(top row), guest speakers and PAPA president Dr. Edna Sarah Morada (bottom right)

## **Childhood Injury Prevention Committee**

Chair: Dr. Ma. Eva I. Jopson

Co-chair: Dr. Marjorie Grace M. Apigo

#### Members:

Dr. Soraya A. Alvarado Dr. Renee Joy P. Neri

Dr. Soidemer Claire C. Grecia



PAPA INTERNATIONAL AFFILIATES' FIRST MEETING WITH THE CORE TEAM March 24, 2022, 9:00 AM



PAPA International Affiliates' First Core team meeting (Top, L-R) Drs. Marge Alfonso, Ray Baguiran (Bottom, L-R) Drs. Mutya San Agustin, Grace Tamesis and Benjamin Sablan

#### **ATTENDANCE:**

Dr. Mutya San Agustin. - PAPA Founder Dr. Grace Tamesis. - Chair, Committee on International Affiliates USA Chapter Dr. Raymundo Baquiran - Co-chair, Committee on International Affiliates Phil. Chapter Dr. Margarita Luisa A. Alfonso - Chair, Committee on International Affiliates Phil. Chapter Dr. Benjamin P. Sablan, Jr. - PAPA Adviser

## PAPA, INC. COMMITTEE ON INTERNATIONAL AFFILIATES' MEET & GREET April 5, 2022, 9:00 AM PH time





PAPA, INC. COMMITTEE ON INTERNATIONAL AFFILIATES' MEET & GREET April 5, 2022, 9:00 AM PH time

## Video presentations of advocacy champions:

- 1.Early Literacy Reach Out and Read Dr. Carmen Ramos-Bonoan
- 2. Tobacco Control in Children Dr. Benjamin P. Sablan, Jr.
- 3.BAHAGHARI Health Supervision Guidelines for Infants, Children and Adolescents - Dr. Amelia R. Fernandez
- 4.Community-based Tuberculosis Control in Children Dr. Rosalia M. Buzon
- 5. Childhood Injury Prevention Dr. Maria Eva I. Jopso



Meet & Greet attendees



## **OPEN FORUM MODERATORS:**

## Dr. Margarita Luisa A. Alfonso

Chair, Committee on International Affiliates Phil. Chapter

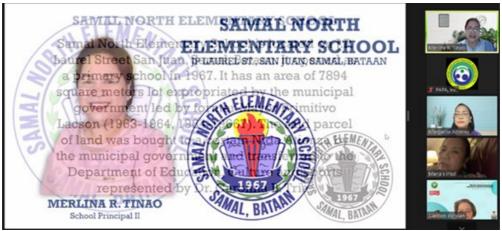
### Dr. Grace P. Tamesis

Chair, Committee on International Affiliates – USA Chapter



## Other meetings: 7

- June 14, 2022, 9AM discuss the upcoming project
- July 21, 2022, 9AM continuation of discussion of upcoming project
- Oct 6, 2022, 10AM meeting with Samal School Principal, Ms. Tinao
- Oct 11, 2022, 10AM meeting to discuss the previous meeting with the Samal principal
- Nov. 3, 2022, 10AM meeting to discuss the research project
- January 31, 2023, 10AM- Updates
- February 7, 2023, 10 AM- Updates



Meeting with the Samal North Elementary School Principal, Mrs. Merlita Tinao





TRIP TO SAMAL BATAAN Dec 14, 2022



Photo with the Samal North Elementary School Principal, Ms. Merlina R. Tinao (middle) flanked by Drs. Diding Morada(L) and Marge Alfonso (R)



Meeting with the Grade School Teachers of Samal North Elementary School together with members of the International Affiliate committee seated on the right (front to back): Drs. Carmen Bonoan, Marge Alfonso, School Principal Mrs. Melie Tinao, Rose Buzon, Mutya San Agustin and Mayu Gonzales)

Meeting with the grade school teachers regarding psychosocial and behavioral issues encountered with grade school students and their challenges in addressing these concerns

Meeting with parents to know the challenges they experienced during the pandemic and the sociobehavioral and emotional difficulties of their children for the past 3 years



Meeting with the Grade School parents of Samal North Elementary School in Bataan



RESEARCH INITIATIVE FOR COMMUNITY ENHANCEMENT (RICE)

Nov, 10, 17 & 24, 2022

#### **CPD UNITS:**

PRC: 6.0 PMA: 7.0 PPS: 6.0

PAFP: 11 CPD UNITS CATEGORY II

#### **ATTENDANCE**

Registrants: 40 Attendees:

Day 1: 31 (78% - from those who registered) Day 2: 32 (97% from day 1 attendees) Day 3: 27 (87% from day 1 attendees) Post-test/feedback response: 19 (70%)

#### **OBJECTIVES:**

- 1. At the end of the workshop, each group is expected to formulate a project or research outline which will be developed with the research mentor.
- 2. Create a project proposal for application of grant by 1st quarter of 2023.



Committee on Research invites you to a workshop series.



### Research Committee members:

Chair: Dr. Margarita Luisa Alfonso Adviser: Dr. Benjamin Sablan

## Members:

Dr. Marthony Basco Dr. Angel Belle Dy

Dr. Elaine Reyes-Madamba

## **Research Initiative for Community** Enhancement (RICE)

 Session 1:
 November 10, 2022
 9AM - 12NN

 Session 2:
 November 17, 2022
 5PM - 8PM

 Session 3:
 November 24, 2022
 5PM - 8PM

DAY 1: November 10, 2022, 9:00 AM ISTER at https://bit.ly/3TO7GVu



Open to all advocacy committee members and select PAPA members interested in research.

PPS: 6.0 CPD units, PAFP:

#### INTRODUCTION OF MODERATORS:

Dr. Marthony Basco

## **SPEAKERS:**

Dr. Iris Perez

Ms. Arianna Maever L. Amit, MS, MAS Mr. Veincent Christian F. Pepito, MAS

Dr. Angel Belle C. Dy

#### **MODERATORS:**

Day 1: Dr. Benjamin Sablan, Jr.

Day 2: Dr. Angel Belle Dy

Day 3: Dr. Elaine Marie Reyes-Madamba



RESEARCH INITIATIVE FOR COMMUNITY ENHANCEMENT (RICE)

Nov, 10, 17 & 24, 2022



Day 1 Speaker: Dr. Iris Perez

"Introduction to Research Crafting the Research Question and Objectives"

\*Associate Professor of Clinical Pediatrics, Keck School of Medicine, University of Southern California

Day 1 Program



Dr. Iris Perez shares how she got into research . "I was a late bloomer when I got into research"



RESEARCH INITIATIVE FOR COMMUNITY ENHANCEMENT (RICE)

Nov, 10, 17 & 24, 2022



Day 2 Program

## Day 2 Speakers:

Ms. Arianna Maever L. Amit, MS, MAS Review of Literature

- \*Master of Applied Science, Spatial Analysis for Public Health
- \*Master of Science, Epidemiology

## Mr. Veincent Christian F. Pepito, MAS

Methodology Part 1: Study Design, Sampling \*Master of Science in Epidemiology



RESEARCH INITIATIVE FOR COMMUNITY ENHANCEMENT (RICE)

Nov, 10, 17 & 24, 2022



## Day 3 Speakers:

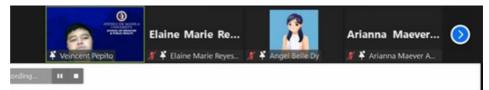
Ms. Arianna Maever L. Amit, MS, MAS Methodology Part 2: Definition of Variables, Data Collection

Mr. Veincent Christian F. Pepito, MAS Data Analysis

### Dr. Angel Belle C. Dy

Budget Planning and Management \* Adjunct Professor, Ateneo School of Medicine and Public Health

Day 3 Program



## Analysis of quantitative data

Mr. Pepito and Ms. Ariana Amit discuss the research methodology.

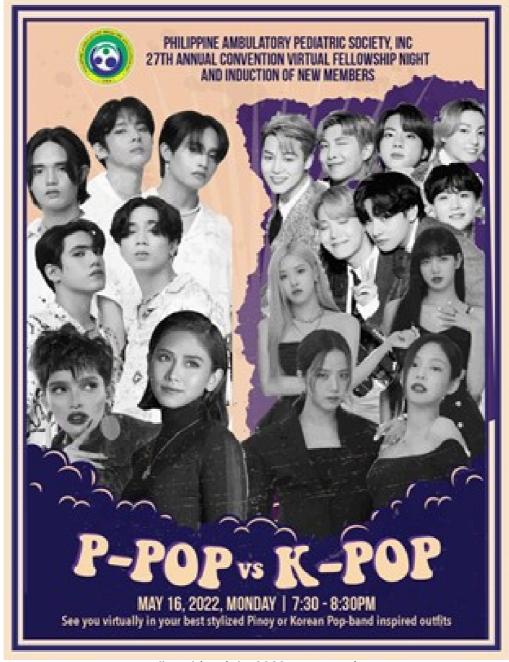
Rule out bias by:

- Choosing a representative sample (for cross-sectional studies)
- Ensuring that comparison groups are comparable (for cohort, case-control, quasi-experiments, and trials). This includes doing randomization when possible.
- Using validated instruments and calibrated measurements and using objective data sources.
- Doing blinding (in trials)
- Minimizing loss to follow-up (for cohort and trials) and missing data



**FELLOWSHIP NIGHT** 

Day 1 of the Convention 2022 May 16, 2022



Fellowship Night 2022 Poster Invite

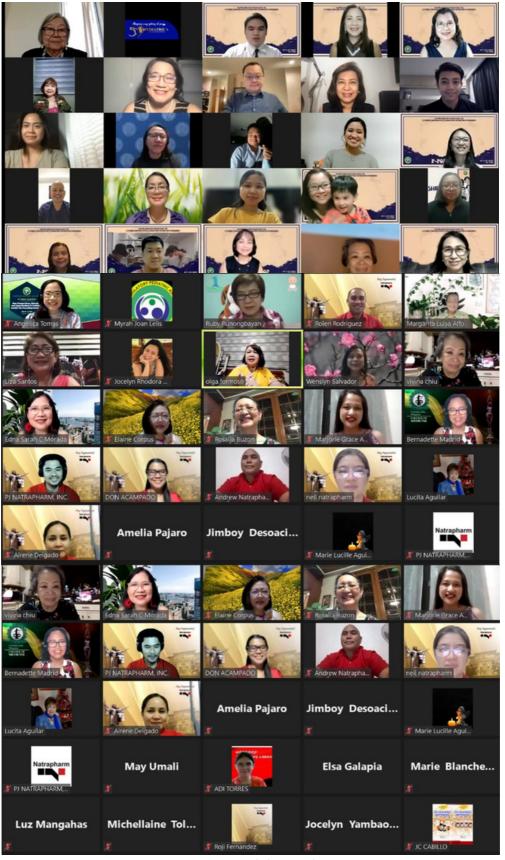
### **Socials Committee**

**Chair:** Dr. Joan Millonado **Adviser:** Dr. Olga Formoso



## FELLOWSHIP NIGHT

Day 1 of the Convention 2022 May 16, 2022



PAPA Members participate via Zoom



**OTHER COMMITTEE ACTIVITIES** 

## **SOCIALS Committee**

FELLOWSHIP NIGHT
Day 1 of the Convention 2022
May 16, 2022

## WINNERS OF THE BEST K POP/ P-POP COSTUME



Dr. Nehemiah Bongalan



Dr. Marjorie Grace M. Apigo



Dr. Jasmin A. Castillo



## FELLOWSHIP NIGHT DANCE SHOWDOWN



PAPA La Union Chapter



PAPA Bulacan Chapter



PAPA Cebu Chapter



## FELLOWSHIP NIGHT DANCE SHOWDOWN



NCR Members and Officers dancing to the tune of "Tala" by Sarah Geronimo



CHRISTMAS PARTY 2022

December 12, 2022



Retro Christmas Party 2022 Poster Invite



**CHRISTMAS PARTY 2022** 

December 12, 2022



Officers, past and present, together with members pose for posterity



Almost everyone has a penchant for dancing, dancing to the tune of their era; Boomers, Gen X, Millennials. The Silent Generation or Radio babies only includes Ma'am Mutya (Bottom, left) Winners of the Best Costume, Drs. Lucy Aguilar and Nitoy Estanislao (aka

Mike Hanopol)





CHRISTMAS PARTY 2022
December 12, 2022



By the way, this is a HYBRID Christmas Party. Chapter members get to join the fun via zoom while NCR members and officers came to Richmonde Hotel in Quezon City for the face to face celebration





PAPA Friends threw a party for Maam Mutya San Agustin in celebration of her 88th birthday at Kawayan Farms, Pililla, Rizal on December 8, 2022. (Top photo, (Seated L-R): Drs Carmen Bonoan, Maam Mutya, Mayu Gonzales.

Standing:(L-R) Drs Nitoy Estanislao, Diding Morada, Cita Rose Alfonso and Marge Alfonso. (Middle photo): (L-R) Gay Tolentino, PAPA asst. admin secretary and Jennifer Cabillo, district manager of Natrapharm joined the celebration

## **BULACAN CHAPTER**

WEBINAR: THE CHILD IN AND OUT OF LOCKDOWN

April 13, 2022



## LA UNION CHAPTER

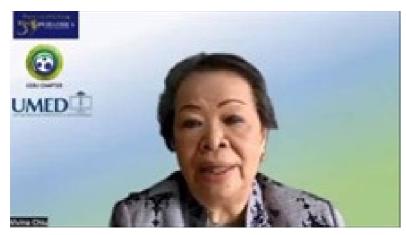
INAUGURATION OF READING HUB AT LACONG ELEMENTARY SCHOOL WITH INNER WHEEL CLUB OF SAN FERNANDO LA UNION

November 20, 2022



## **CEBU CHAPTER**

SERIES OF WEBINARS



The Philippine **Ambulatory** Pediatric Association Inc. Cebu Chapter in collaboration with Pediatrica Inc. and Unilab Medical development (UMED) organized series of webinars on various topics Global on Pharmacology in Children in 2022. Several renowned speakers were invited while Dr. Jacob V. Aranda, a Neonatologist/ Pediatrician from SUNY Downstate Medical Center Brooklyn, New York moderated the event.



1st webinar



2nd webingr

A 3rd webinar (no poster) organized by the Cebu Chapter entitled "The Use of Macrolide Antibiotics in Pediatrics" was held on September 21, 2022. Dr. Margaret R. Hammerschlag, a Professor of Pediatrics and Medicine and the Director of the Pediatric Infectious Disease Fellowship Program at the State University of New York (SUNY) Downstate Health Services discussed some aspects of clinical pharmacology and emphasized that the appropriate use of macrolide antimicrobials in newborns and children produce better therapeutic outcomes while minimizing the emergence of bacterial resistance. Dr. Jacob V. Aranda, a neonatologist, pediatrician, and clinical and translational pharmacologist at SUNY Downstate Medical Center moderated the webinar.

## **CEBU CHAPTER**

SERIES OF WEBINARS



4th webinar



5th webinar





## THE OFFICERS AND THE BOARD OF TRUSTEES AT WORK

STRATEGIC PLANNING WORKSHOP

DAY ONE: March 18, 2022, Friday, 7:00 - 9:00 PM via Zoom

#### THEME:

"ANG KWENTO NG PAPA"

#### **OBJECTIVE:**

By the end of this workshop, the PAPA Board and key members shall be able to understand the evolution of PAPA's advocacies and align on key directions for the association.

TIME	ACTIVITY	PERSON
7:00 – 7:05 pm	Invocation	Dr. Angelica Cecilia V. Tomas
7:05 – 7:10 pm	Welcome/ Overview of Strategic Planning	Dr. Edna Sarah C. Morada
7:10 – 7:20 pm	Message: A Glimpse of our Remarkable Past	Dr. Mutya San Agustin
7:20 – 7:55 pm	Committee Highlights	
	(5-7 minutes each presentation)	
	Early Childhood Literacy	Dr. Carmen Bonoan
	2. Bahaghari	Dr. Amelia Fernandez
	<ol><li>Community Based TB in Children</li></ol>	Dr. Rosalia Buzon
	Brief Advice for Tobacco Control	Dr. Benjamin Sablan
	Injury Prevention/Disaster Preparedness	Dr. Eva Jopson
7:55 – 8:05 pm	Open Forum	
8:05 – 8:35 pm	BREAKOUT ROOMS WITH FACILITATORS	Facilitators:
	Presentation of Vision/Mission	1. Dr. Marge Alfonso
	PAPA VISION	2. Dr. Angge Tomas
	To be the ambulatory pediatric association in the	3. Dr. Ces Alinea
	Philippines consisting of a diverse membership that	4. Dr. Mel Ramboanga
	promotes continuous, compassionate, and	5. Dr. Marj Apigo
	comprehensive care to Filipino children and	6. Dr. Renee Neri
	continuing education to health professionals	7. Dr. Bombit Gomez
	providing care to children in the country.	(7 handred access)
	PAPA MISSION	(7 breakout rooms)
	To provide holistic, innovative, and socially	1
	responsive healthcare for children in the home,	
	school, and community.	
	Discussion Questions: In reference to the	
	vision/mission:	
	What strikes me? What excites me?	
	What frustrates me?	
	What didn't work?	
	What can I do?	
8:35 – 8:55 pm	BACK TO PLENARY: Presentation of Discussion	Reporters from Breakout Groups
	Points	
8:55 – 9:00 pm	Closing Remarks	Dr. Marge Alfonso
	PHOTO-OP	

## THE OFFICERS AND THE BOARD OF TRUSTEES AT WORK

STRATEGIC PLANNING WORKSHOP

DAY TWO: March 19, 2022, Saturday, 7:00 - 9:00 PM via Zoom

#### THEME:

"SAAN PAPATUNGO ANG PAPA"

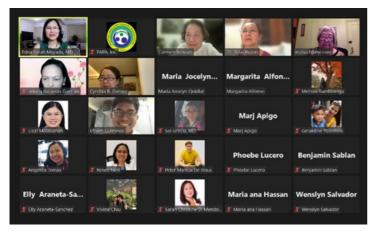
#### **OBJECTIVE:**

By the end of this workshop, the PAPA Board and key members shall be able to identify measures that will indicate progress towards the PAPA vision mission.

TIME	ACTIVITY	PERSON
7:00 – 7:05 pm	Invocation	Dr. Jas Castillo
7:05 – 7:10 pm	Message: A Glance at our Promising Future	Dr. Diding Morada
7:10 – 7:40 pm	Reporting of Chapters (7 minutes each: please present ONLY the plans for the year)  NOTE: But the whole document will be filed by our Administrative Staff	Chapter Presidents
7:40 – 8:45 pm	Reporting of Committees (7 minutes each: please present ONLY the plans for the year)  NOTE: But the whole document will be filed by our Administrative Staff	Committee Chairs
8:45 – 9:00 pm	OPEN FORUM	
9:00 – 9:10 pm	Synthesis and Key Agreements	Dr. BJ Sablan
9:10 – 9:15 pm	Closing Remarks	Dr. Wet Salvador
	PHOTO-OP	

## THE OFFICERS AND THE BOARD OF TRUSTEES AT WORK

STRATEGIC PLANNING WORKSHOP

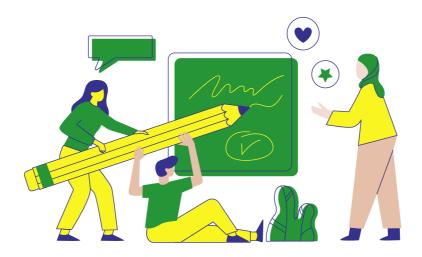




Gallery pictures of the attendees during the 2-day Strategic Planning Workshop







January 4, 2023, Wednesday, 6:00 PM

Deo Gracias, Quezon City

PAPA officers, members of the Board of Trustees, former PAPA presidents



## Questions to ponder on:

1] Who are we as a board?

2] Are we aligned to the vision, mission and objectives of PAPA?





Left photo: Participants listen to the facilitator, Dr Diding Morada; Right photo: (seated, counterclockwise) Drs. Wenslyn Salvador, Renee Joy Neri, Jas Castillo, BJ Sablan, Mutya San Agustin, Diding Morada, Angga Quidlat, Angge Tomas, Marjorie Apigo, Ms. Myrah Lelis (PAPA Admin Secretary), Drs. Marge Alfonso and Boying Garcia. Standing: Dr. Nitoy Estanislao, Pediatrica partners Luis Manosca, Territory Manager, Joseph Lee, Operations Manager, Glecy Francisco, District Manager and Dr. Sarah Mendoza.



How was the year 2022? Sunny? Rainy? Stormy?

For Drs. Nitoy Estanislao, Maam Mutya and Dr. Wenslyn Salvador - A bright and sunny day keep their illnesses away!!!







## DR. BERNADETTE MADRID



Gay Tolentino, PAPA Asst Administrative secretary hands a bouquet of flowers to our awardee



Former PAPA President, Dr. Bernie Madrid

## DR. MAYU BONOAN-GONZALES



2022 Award of Excellence and Merit in Community Service University of the Philippines Medical Alumni Society in America



## NEWSLETTER COMMITTEE

VOLUME 1 ISSUE 6
26 FEBRUARY 2023
Margarita Luisa Agapinan-Alfonso, MD
Cristal Laquindanum- Tan, MD
Elly Araneta- Sanchez, MD
Myrah Lelis (Administrative Secretary)