



PHILIPPINE AMBULATORY PEDIATRIC ASSOCIATION, INC

NEWSLETTER

Maligayang Pasko mula sa PAPA

Christmas message and reflections from our President

Child Injury Prevention Webinar

Project Aruga

TB project with Pasig

PAPA Christmas Party





Happy Holidays to Everyone!

We celebrate and rejoice for the blessings, the gifts in our lives, families, colleagues and friends.

To a joyful present and well remembered past. Be mindful that whatever is beautiful, whatever is meaningful, brings us happiness to impart to Filipino children and families through PAPA, Inc advocacies and committee activities. May it also be to everyone this Christmas and throughout the coming year.

Merry Christmas and Happy New Year!!!



DR MUTYA T. SAN AGUSTIN
Founding President

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UPCOMING EVENTS

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PAPA
Fellowship Night
March 5

MARCH 2024

29th Annual
Convention
March 6-7



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PRESIDENT'S CHRISTMAS MESSAGE

To our dedicated and selfless members, the heartbeat of our organization, I extend a warm and heartfelt Christmas message. Amidst the bustling demands of your careers, the nurturing of families, and to some-the weight of administrative responsibilities, your commitment to service shines brightly. Your tireless efforts echo the true spirit of the season, embodying the essence of compassion and selflessness.

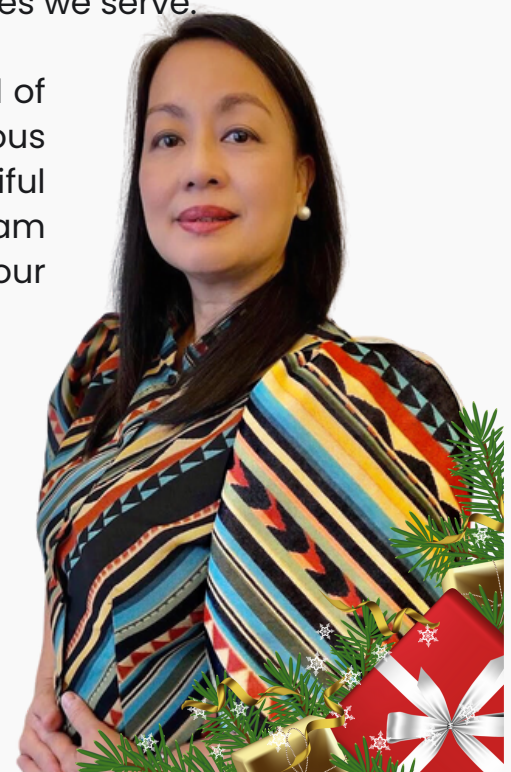
As we gather in the warmth of the holidays, I want to express my deep appreciation for each one of you. Your unwavering dedication to our shared mission not only inspires those around you but also fosters a sense of community and strength within our organization. May you continue to draw inspiration from one another, creating a tapestry of support that uplifts both our members and the communities we serve.

As we approach the New Year, let the lessons of the past propel us forward. May our shared goals continue -To educate, To engage, and To empower -You-our members and the communities we serve.

On behalf of the Officers and members of the Board of Trustees of PAPA, I wish each one of you a joyous Christmas and a New Year overflowing with bountiful blessings. Your service is a gift to us all, and I am grateful for the positive impact you bring to our organization and beyond.

MARGARITA LUISA AGAPINAN- ALFONSO, MD

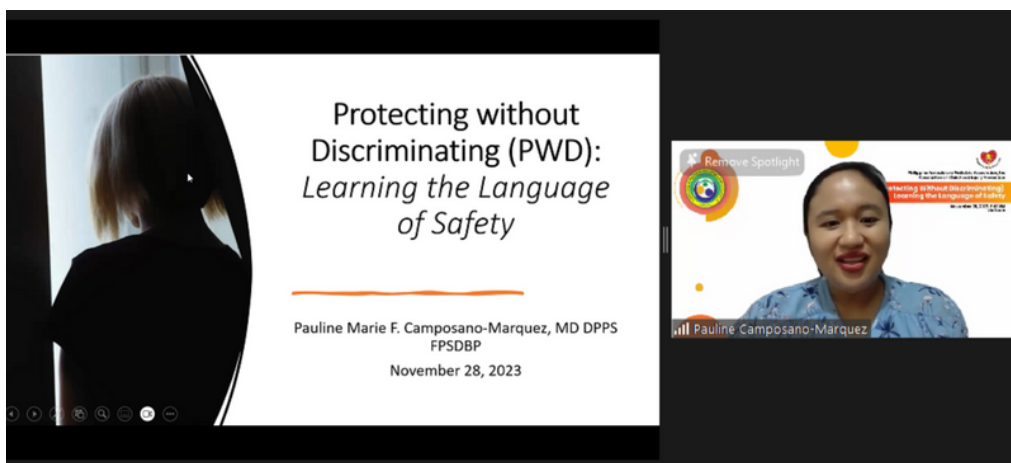
President, Philippine Ambulatory Pediatric Association (PAPA)





PWD: PROTECTING WITHOUT DISCRIMINATING: LEARNING THE LANGUAGE OF SAFETY A RECAP OF THE PAPA COMMITTEE ON CHILDHOOD INJURY PREVENTION'S WEBINAR

by Dr. Soi Grecia



Dr. Pauline Camposano-Marquez presented online on promotion of anticipatory guidance for injury and abuse prevention in children with disabilities

On November 28, 2023, the Committee on Childhood Injury Prevention hosted a groundbreaking webinar that focused on yet another vulnerable and often overlooked population: Children with Disabilities. The event, which took place via Zoom, brought together a diverse audience, including doctors, nurses, social workers, teachers, other healthcare professionals, and parents. The webinar aimed to address the critical issues surrounding the safety of children with disabilities and provided attendees with valuable insights and skills to better protect this susceptible population, while also offering continuing professional development (CPD) points for participating professionals.

The objectives of the webinar were threefold. Firstly, it sought to provide an overview of the prevalence of abuse and injuries among children with disabilities. Secondly, the webinar aimed to promote anticipatory guidance for injury and abuse prevention in children with disabilities. Finally, it aimed to equip participants with important basic communication skills and survival signs in Filipino Sign Language. These objectives underscored the vital importance of ensuring the safety and well-being of children with disabilities, as well as the need for effective communication and proactive measures to prevent injuries and abuse.

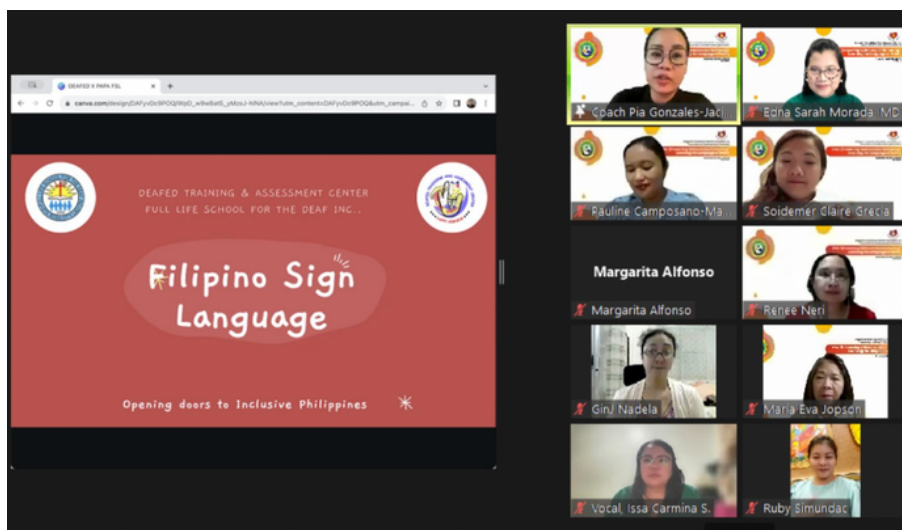
The webinar featured a lineup of esteemed speakers and experts in the field of childhood injury prevention and disability advocacy. Their presentations and discussions provided substantial perspectives and practical strategies for the attendees. The first speaker was Dr. Pauline "Pau" Marie Camposano-Marquez,



a developmental and behavioral pediatrician who finished her fellowship in Developmental and Behavioral Pediatrics at the Philippine General Hospital where she was also the Chief Fellow. She is trained in Griffiths and ADOS administration, a Fellow of the Philippine Society for Developmental and Behavioral Pediatrics, and a Diplomate of the Philippine Pediatric Society.

She began the event with an eye-opening overview of the prevalence and specific challenges faced by children with disabilities regarding abuse and injuries. This session shed light on the sobering realities that many children with disabilities encounter and emphasized the urgent need for proactive intervention and support.

Following the overview, Dr. Paui delved into the promotion of anticipatory guidance for injury and abuse prevention in children with disabilities by providing evidence-based practices and practical tips tailored to the unique needs of this demographic. Attendees gained valuable knowledge about identifying potential risks, implementing safety measures, and fostering a protective environment for children with disabilities.



Coach Pia Anne Gonzales-Jacinto of Deafed Philippines taught the participants some fundamental sign language skills.

One of the most impactful segments of the webinar was the session dedicated to acquiring important basic communication skills and survival signs in Filipino Sign Language. This segment was presented by Coach Pia Anne Gonzales-Jacinto. She is a licensed professional SPED teacher who pursued her post graduate studies in Filipino Sign Language Level 2 and 3 at the De la Salle College of Saint Benilde, a Certified Sign Language Interpreter and Advocacy Coordinator of Deafed Philippines, an IPOPHIL Registered Author of Deafed Sign Books 1 and 2, a Special Education Teacher and Behavioral Therapist at Deafed Theraplay, and a professional coach and speaker at the Deafed Training and Assessment Center. Coach Pia highlighted the significance of effective communication in ensuring the well-being of children with disabilities.



By learning fundamental sign language skills, attendees were empowered to bridge communication gaps and provide essential support to children with hearing impairments or communication challenges.

In conclusion, the PAPA's Committee on Childhood Injury Prevention's webinar, "Protecting Without Discriminating: Learning the Language of Safety," served as a pivotal platform for raising awareness, sharing expertise, and empowering attendees with the necessary skills to ensure the safety and well-being of children with disabilities, all while offering a valuable opportunity to earn CPD points. The event's inclusive approach and emphasis on equipping diverse professionals and parents with practical tools and knowledge addressed critical issues of this vulnerable population while also promoting inclusive communication through the acquisition of essential Filipino sign language skills. As the webinar concluded, attendees left with a renewed commitment to protecting without discriminating and a deeper understanding of the language of safety for children with disabilities.

Philippine Ambulatory Pediatric Association, Inc.
Committee on Childhood Injury Prevention
invites you to a webinar

PWD
(Protecting Without Discriminating)
Learning the Language of Safety

SPEAKERS:

PAULINE MARIE F. CAMPOSANO-MARQUEZ, MD, DPPS, FFSDBP
Developmental Pediatrician
Childhood Injuries x 2: Reason for Developmental Disabilities and Effects on Children with Existing Disabilities

PIA ANNE GONZALES-JACINTO, BEED-SPED
Licensed Professional SPED Teacher
Certified Sign Language Interpreter and Advocacy Coordinator of DEAFED Philippines
FSL x 2: Filipino Sign Language in Fostering Skills Learning for the PWD Advocates

NOVEMBER 28, 2023
TUESDAY, 06:00 PM - 08:45 PM
VIA ZOOM

PRC CPD UNITS APPLIED FOR MD, RSW AND TEACHERS

REGISTER NOW!
Registration fee: P500.00
Registration link: <https://bit.ly/43KR35A>
or **SCAN QR CODE**

MODERATOR:

EDNA SARAH CLEMENTE-MORADA, MD
Immediate Past President
PAPA, INC.

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papachildhoodinjuryprevention@gmail.com
<http://papainc.org>



PAPA-ARUGA

By Dr. Marge Alfonso

Conceptualized in July 2022 by the International Affiliate Committee of PAPA, ARUGA stands for Aim to Recognize, Understand and Give Assistance to families of children with learning, developmental and behavioral concerns. The acronym was born due to the perceived reeling effects of the pandemic to the mental health of not only adults but to children as well. This project is a teacher training program that will enhance teacher awareness and recognition of common learning and developmental issues observed in school. The training hopes to improve the teachers' understanding of the challenges faced by families and strengthen their role in school management of children with observed developmental and behavioral red flags. This initiative aims to also facilitate knowledge about the timely referral and process the family has to undergo before diagnosis. Cognizant that families play a major role in the management of identified children, parents shall also be encouraged to attend these workshops in order to be aware of behaviors that are normal and those that are concerning which needs further evaluation and referral. Home management of children with red flags shall also be discussed in the modules.

The project will consist of six modules, addressing key aspects such as normal child development, red flags, home and school management strategies, referral processes, and progress monitoring. Roll-out of the modules will start on February 2024 at Samal North Elementary School in Samal, Bataan.



MOA Signing of the PAPA-ARUGA Project of the Committee on International Affiliate, Mental Health advocacy program.

This project addresses the critical need for teacher training to create a more inclusive educational environment. By enhancing teachers' knowledge and skills, we aim to positively impact the support systems for families and ultimately contribute to improved outcomes for children facing developmental, learning, and behavioral challenges.

The training program's sustainability lies in creating a ripple effect, as empowered teachers continue to positively impact the educational experience of children with special needs. In addition, various stakeholders signed a memorandum of agreement last December 1, 2023 in order to make sure that each stakeholder takes a proactive role in towards the realization of its mission. Additionally, the progress monitoring tools introduced will serve as sustainable resources for ongoing support.

Regular assessments and feedback sessions will be conducted to evaluate the effectiveness of the training program. Pre- and post-training assessments, along with participant feedback, will be analyzed to measure the program's impact.

The PAPA-ARUGA team includes general pediatricians Drs. Cynthia Gomez, Malou Salazar and Carmen Bonoan, allergologist Dr. Grace Tamesis, adolescent specialist Dr Rosalia Buzon, developmental pediatricians Drs Bernie Benitez and Pauline Marquez, psychiatrist Dr Mayu Gonzales, SPED consultant Ms Mayumi Gonzales, UST College of Rehabilitation Sciences and Bataan Peninsula University -College of Behavioral Sciences and Dr. Marge Alfonso who is the project leader. Dr. Mutya San Agustin serves as the adviser of this project.

By investing in this teacher training initiative, we aim to build a foundation for a more inclusive and supportive educational system. We are confident that this program will contribute significantly to the professional development of educators and, in turn, create a more inclusive learning environment for all students.



FINDING TUBERCULOSIS (AN ACTIVE CASE FINDING PROGRAM)

By Dr. Maria Ana R. Hassan

The pioneering community-based TB program of PAPA in the early 2000's had a significant impact on TB control efforts. It led to improved case detection, treatment adherence and ultimately contributed to a reduction in TB prevalence within the communities where it was implemented.

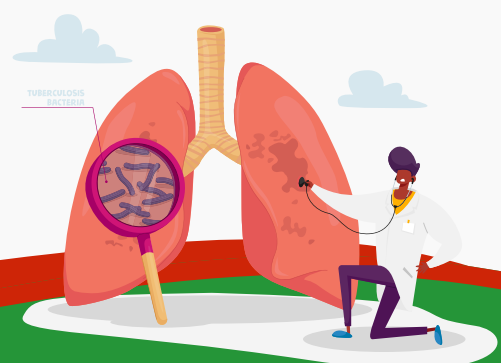
The program fostered partnerships with local leaders, health care providers, and other stakeholders to advocate for TB control and to mobilize resources for community-based interventions. This also left a lasting legacy, inspiring similar community-based interventions and shaping the evolution of TB control strategies in the Philippines.

To continue the TB Community-based program of PAPA, the TB committee, led by Dr. Maria Ana R. Hassan and guided by TB committee advisers Dr. Mutya Shaw, Dr. Rose Buzon, Dr. Weslyn Salvador, Dr. Benjamin Sablan & Dr. Benjamir Cabrera, along with the active leadership of PAPA President Dr. Margarita Alfonso and Vice President Dr. Jo-an Millonado, has launched the Community-based TB program Active Case Finding (ACF) entitled "Finding Tuberculosis". With the theme of "Tuberculosis Labanan ng Sama-Sama ng Buong Komunidad."

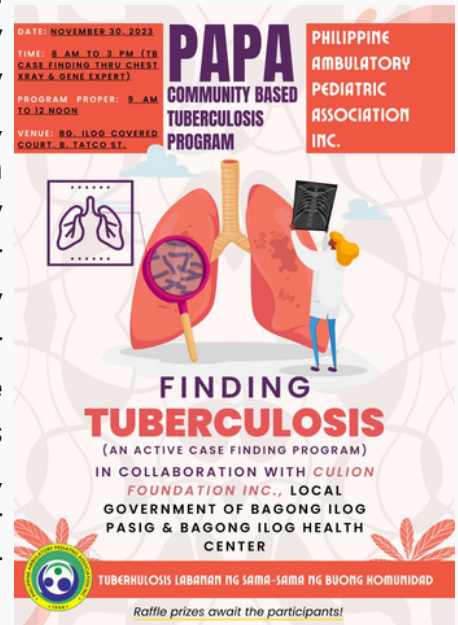
Active Case Finding involves proactively searching for individuals with TB in community, workplaces and other settings where TB transmission is likely to occur. This approach is essential for identifying and locating individuals with TB who may not present themselves to healthcare facilities, thus reducing the risk of transmission and preventing the development of more severe forms of the disease.



Dr Glendon Sumayao (photo, left) talks about how you can get TB. The Philippines ranks 4th among the world with active cases of TB. Heads and representatives of organizations in Bgy Bagong Ilog listen intently.



The Culion Foundation Inc., led by Mr. Eugene Caccam played a significant role by providing mobile x-ray services and overseeing the ACF activity. In Barangay Bagong Ilog, Pasig, the cooperation of its chairman, Honorable Ferdinand A. Avis, and the chairman on health, Honorable Cesar A. Avis, actively contributed by providing the venue and other necessary materials for the success of the event. The participation of Barangay Bagong Ilog was vital in identifying the participants for screening. Additionally, their Health Center under the leadership of Dr. Glendon M. Sumayao, who also serves as the National TB Program Coordinator of Pasig, provided assistance in screening, sputum collection for Gene Xpert testing, treatment services and support for TB patients.



The collaboration and involvement of these stakeholders greatly contribute to the effectiveness of the tuberculosis prevention and control efforts in the community. Their dedication and support ensures that necessary services reach those in need, ultimately leading to better outcomes in the fight against this disease.



On November 30, 2023, a festive Tuberculosis Active Case Finding event took place in Bagong Ilog Pasig. The event was filled with excitement as the Bagong Ilog Fitness Club performed an intermission number, adding a lively atmosphere to the occasion. The event was graced by the presence of esteemed representatives from PAPA, namely Dr. Maria Ana Hassan, Dr. Margarita Alfonso, and Dr. Jo-an Millonado. Participants were not only entertained but also had the chance to win raffle prizes. Additionally, each participant received 3 kilos of rice, a thoughtful gesture from Barangay Bagong Ilog that was appreciated by all. To keep everyone energized, food was served throughout the event, ensuring that no one went hungry.



The main focus of the event was to screen patients for tuberculosis through chest X-rays. A total of 283 patients underwent the screening process, 57 individuals tested positive for tuberculosis on the X-rays. It is important to remember that this event marks only the beginning of the PAPA Community-based TB program.

The PAPA TB committee is determined to continue its fight against tuberculosis. With their dedication and the support of the community, they aim to raise awareness about the disease, provide necessary screenings and treatments, and ultimately reduce the burden of tuberculosis. This event served as a testament to their commitment and serves as a stepping stone towards a healthier and tuberculosis-free community.

Holiday LUAU



MELE KALIKIMAKA! PAPA CELEBRATES CHRISTMAS THE ISLAND WAY!

By Dr. Joan Millonado

Christmas is, to most of us, the most wonderful time of the year. I, personally, love how the world takes on a magical glow and how families get together to celebrate the birth of our Saviour. I am glad that our PAPA family had the opportunity to spread Christmas cheer during our hybrid Holiday Luau party last December 4. Held at the Small Cafeteria of Unilab, our members came decked in their colorful Hawaiian outfits, with our president Dr. Marge Alfonso, presenting leis to all the guests as a symbol of love and friendship. Our program hosts, Dr. Nanette Lajo, Dr. Jet Caligagan and yours truly, set the mood with an entertaining and informative Hawaiian trivia game. Dr. Marge Alfonso and our founding president, Dr. Mutya San Agustin, gave heartwarming Christmas greetings. Dr. Vivina Chiu and Dr. Rey Garcia won the Wahine and Kanaka of the Night Contest, while Dr. Liza Santos and Dr. Renee Neri were the online winners for Best Hawaiian costumes.

Of course, no luau would be complete without entertainment. PAPA La Union Chapter gave a cheerful Christmas video greeting and Cebu Chapter presented a melodious song number. We also watched a delightful video presentation of the activities of the association the past year. Our socials committee members together with some board members and past presidents enthralled the audience with a graceful hula number to the song "My Little Grass Shack". Dr. Soi Grecia, representing the Committee on Injury Prevention, taught the entire group how to say "Merry Christmas and a Happy New Year" through sign language. And, because a luau is a festive experience, our members had a dance tutorial to the hula version of "Rockin' Around the Christmas Tree" and then danced the night away.



On behalf of the board of trustees, I would like to express my sincerest gratitude to our friends from Pediatria for their continued support, to the members of the Socials Committee represented by Drs. Leslie Domagas, Nanette Lajo and Jet Caligagan, to Ma'am Myrah for all the help with the poster design, registration and technical support. Thank you to the chapters who prepared and sent their video presentations and greetings and to the members from NCR who participated in the hula dance number. And, to all who attended our Holiday Luau, Mahalo and Mele Kalikimaka. It was great celebrating Christmas the island way with our PAPA OHANA!!!



OTHER PAPA ACTIVITIES



Dr. Liza Santos (left), PAPA past president and Dr Maricris Castro (right), PAPA board member, are represented PAPA during the PMA's Opening Ceremonies, September 24, 2023, at Diamond Hotel in celebration of Medicine Week



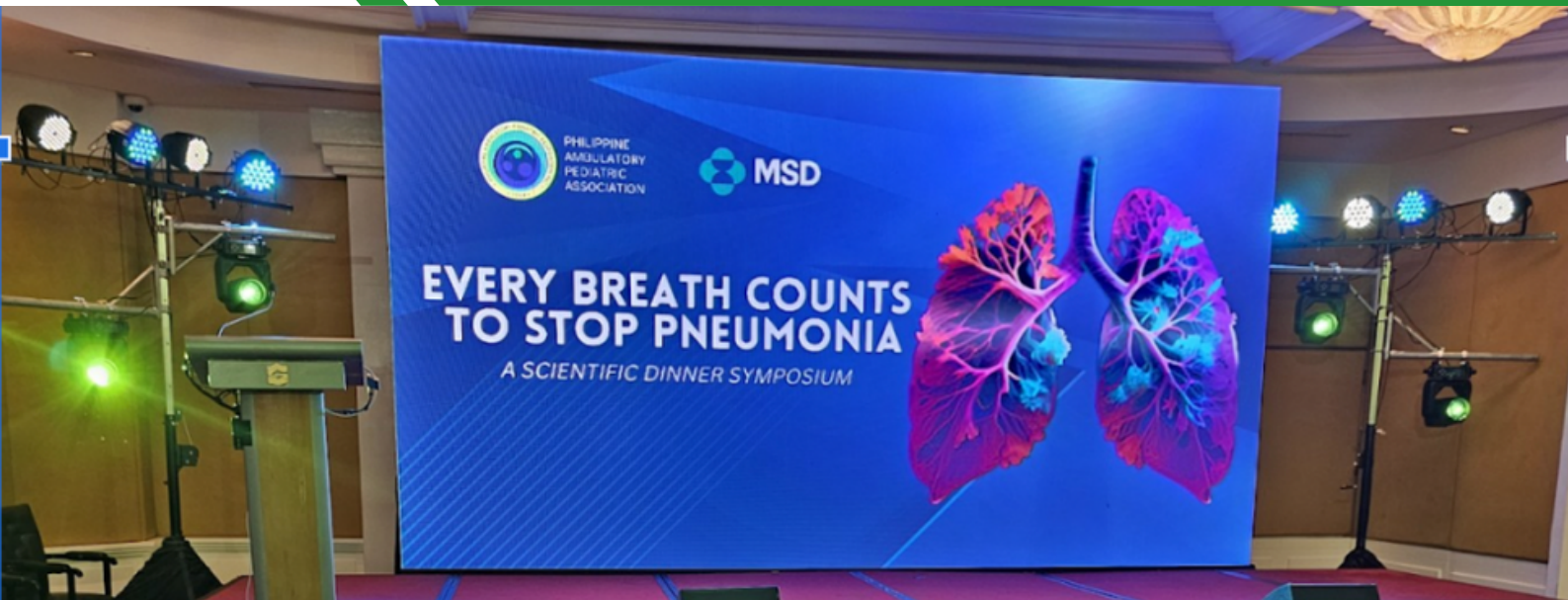
PAPA is awarded a Certificate of Appreciation at the 66th National Medicine Week. Dr. Liza Santos is featured on stage accepting the certificate on PAPA's behalf.

PMA-Unilab 10th President's
Night October 18, 2023
Bayanihan, Unilab

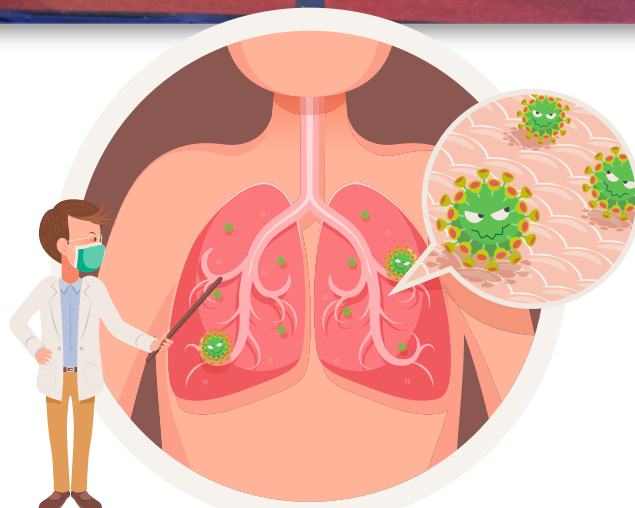


PAPA participates in the DOH initiated 2023 Evidence Summit - October 23-24, 2023





PAPA in partnership with MSD held a Scientific Dinner Symposium, "Every Breath Counts to Stop Pneumonia" held at the EDSA Shangri-la Hotel Garden Ballroom last November 18, 2023.





Zamboanga Chapter Medical Mission and Seizure First Aid Lecture with Hangop Kabataan Foundation Inc. - September 6, 2023



Medical Mission and storytelling session at Barangay Nangananga, Tigbao, Zamboanga del Sur - August 26, 2023.



Zamboanga chapter Epilepsy Awareness Week at the Department of Social Welfare and Development Field Office IX - September 8, 2023



Zamboanga chapter Epilepsy Awareness Week at Margosatubig Regional Hospital (MRH) - September 13, 2023





TO REGISTER FOR FELLOWSHIP NIGHT

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PAPA MEMBERSHIP FORM

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<https://bit.ly/3dx0iOR>

PHILIPPINE AMBULATORY PEDIATRIC ASSOCIATION, INC. INVITES YOU TO ITS 29TH ANNUAL CONVENTION



Philippine Ambulatory Pediatric Association, Inc.
IN CELEBRATION OF ITS 30TH ANNIVERSARY



29TH ANNUAL CONVENTION
RENEWING THE CALL
FOR RESPONSIVE PEDIATRIC CARE
THROUGH ADVOCACY

March 6-7, 2024

Via Zoom

CPD Units Applied

PAPA@30: Renewing the Call for Responsive Pediatric Care Through Advocacy

March 6-7, 2024 via Zoom

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OR



SCAN HERE

<https://www.natrapharm.com/PAPAConvention2024/hall/>





NEWSLETTER **COMMITTEE**

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